



# IDAHO DEPARTMENT OF HEALTH & WELFARE

DIRK KEMPTHORNE – Governor  
KARL B. KURTZ – Director

OFFICE OF THE DIRECTOR  
450 West State Street, 10<sup>th</sup> Floor  
P.O. Box 83720  
Boise, ID 83720-0036  
PHONE 208-334-5625  
FAX 208-334-0668

## **NEWS RELEASE**

FOR IMMEDIATE RELEASE  
July 25, 2005

Tom Shanahan  
(208) 334-0668

### **Gooding County Horse Tests Positive for West Nile Virus**

A horse in Gooding County has tested positive for the West Nile virus. This is the second horse that has tested positive in the state in 2005 and the first evidence of West Nile virus in Gooding County this year. Another Idaho horse tested positive for West Nile virus in Canyon County last week.

“We experienced quite a bit of West Nile virus activity in Gooding County last year, knowing it was only a matter of time before we began seeing evidence of the virus again in that area in 2005,” says Dr. Leslie Tengelsen, Deputy State Epidemiologist for the Idaho Department of Health and Welfare. “It is very important for people to take precautions to protect their health and fight the bite of mosquitoes that spread West Nile virus.”

West Nile virus was first discovered in the United States in 1999 in the New York City area. Since then, the virus has spread westward and can be found throughout the country. Last year, 11 of Idaho’s 44 counties reported West Nile activity. In Gooding County, eight horses, a bird and a person tested positive for West Nile infection in 2004.

To protect themselves, Tengelsen advises people to:

- Insect-proof their homes by repairing or replacing screens;
- Reduce standing water on their property that provides mosquito breeding habitat, such as bird baths and decorative ponds;
- Cover up exposed skin when outdoors;

**(more)**

- Apply insect repellent approved by the EPA to exposed skin and clothing. Follow instructions on the product label, especially for children;
- Avoid mosquitoes when they are most active at dawn and dusk; and
- Report dead birds to your local Fish and Game office.

“About 80 percent of people who are bitten by an infected mosquito will not become sick, but others may experience a mild, flu-like illness that can include headaches, body aches and a mild fever,” Tengelsen says. “Occasionally, the virus can lead to serious illness that requires hospitalization, especially in people over the age of 50.”

West Nile virus does not appear to affect most animals including dogs and cats, but can cause severe illness in horses and certain species of birds. Although there is not a vaccine available for people, there are several vaccines for horses. Approximately one-third of horses which contract West Nile virus will die, so horse owners are encouraged to contact their veterinarian about vaccinating their animals. Horse owners who suspect West Nile viral infection of their animal should contact their veterinarian immediately.

Additional information about the virus is available from the Department of Health and Welfare’s web site at <http://www.westnile.idaho.gov>. The Idaho State Department of Agriculture’s Urban Pest Management program also has information available on steps to prevent home-grown mosquito infestations. Information is available on ISDA’s web site at <http://www.idahoag.us>.

###